

**CAHABA VALLEY SURGICAL GROUP, PC:  
BARIATRIC EXPERIENCE**

**Dr. Richard Stahl** received his initial bariatric surgery training during his residency under the guidance of Dr. Henry Laws, now retired. Joining Dr. Sherer in 1996, and forming Cahaba Valley Surgical Group, Dr. Stahl introduced open gastric bypass procedures to Shelby Baptist Medical Center. At the time, that operation was only offered by a few surgeons in the state, and at even fewer institutions. The weight loss surgery program grew over the next 5 years, and the practice had one of the busiest programs in the state in 2001. That year Cahaba Valley Surgical Group began performing gastric bypass surgery laparoscopically, and the volume increased even further. The laparoscopic adjustable gastric banding procedure was added to the bariatric offerings in 2006. Cahaba Valley Surgical Group has performed well in excess of 2500 bariatric operations on patients in and around Alabama and across the country since 1996.

Dr. Stahl performs open gastric bypass, laparoscopic gastric bypass, laparoscopic gastric banding, and revision of prior bariatric operations in selected patients. He has performed in excess of 1200 bariatric operations during his career. Approximately 75% of his current bariatric cases are laparoscopic gastric bypass procedures, and 25% laparoscopic adjustable gastric banding. Rarely, open gastric bypass procedures are still performed. Dr. Stahl is the Director of Bariatric Surgery at Shelby Baptist Medical Center.

**Dr. Rex Sherer** performs open gastric bypass, laparoscopic gastric bypass, laparoscopic gastric banding, and revision of prior bariatric operations in selected patients. . He has performed in excess of 900 bariatric operations during his career. Approximately 90% of his current bariatric cases are laparoscopic gastric bypass procedures, and 10% laparoscopic adjustable gastric banding. Occasionally, open gastric bypass procedures are still performed.

**Dr. Tim Christopher** joined the practice July, 1999. He performs open gastric bypass, laparoscopic gastric bypass, laparoscopic gastric banding, and revision of prior bariatric operations in selected patients. He has performed in excess of 650 bariatric operations during his career. Approximately 70% of his current bariatric cases are laparoscopic gastric bypass procedures, and 30% laparoscopic adjustable gastric banding. Rarely, open gastric bypass procedures are still performed.

**Dr. Vincent Gardner** joined the practice July, 2003. He performs open gastric bypass, laparoscopic gastric bypass, laparoscopic gastric banding, and revision of prior bariatric operations in selected patients. He has performed in excess of 100 bariatric operations during his career. Approximately 15% of his current bariatric cases are laparoscopic gastric bypass procedures, and 85% laparoscopic adjustable gastric banding. Rarely, open gastric bypass procedures are still performed.

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